

## NO BULLYING Pledge

I, \_\_\_\_\_, pledge:  
(your name here)

- To eliminate name calling and teasing
- To not spread rumors about others
- To not let my words or actions hurt or scare others on purpose
- To respect my teachers and other adults, classmates and schoolmates, friends, and other peers
- To include everyone in my activities
- To be a part of the solution
- To encourage others to also be part of the solution
- To set an example as an anti-bullying student
- To always report bullying to a teacher or other adult, if you or someone else is being bullied.

I sign this pledge to help work toward the goals of inclusion, respect, and support among all students.

\_\_\_\_\_  
(your signature here)

\_\_\_\_\_  
(Date)