

**Random Substance Abuse Testing
for High School Athletes****I. OBJECTIVES:**

- To reduce the risk of injuries in Brenham High School athletes
- To provide a deterrent to substance abuse for BHS athletes
- To help maintain a school environment free of substance abuse
- To establish BHS athletes as role models for the student body

II. TESTING PLAN:

- Fifty Athletes tested will be selected on a random basis, utilizing school ID numbers for identification, by the testing laboratory six times per year.
- The testing laboratory will be in charge of the testing procedure, including random selection of students to be tested, collection of specimens, and analysis processes.
- Testing will be supervised by coaches or athletic trainers of the appropriate sex, utilizing the procedures required by the testing laboratory.
- All positive results will be double-checked for accuracy.

III. SUBSTANCES TO BE TESTED FOR:

- Alcohol, Amphetamines, Barbiturates, Benzodiazepine, cocaine, Methaqualone, Nicotine, Opiates (codeine, heroin, morphine, papaverine), Phencyclidine (PCP), Steroids, and Tetrahydrocannabinols (THC) (marijuana)
- Accepted immunological screening procedures and confirmation techniques will be used before positive results are reported.
- Certain prescription drugs mimic the above substances. It is imperative that students report any and all medications that they are taking to the test administrator.

IV. CONFIDENTIALITY:

- The collection and coding of specimen samples are executed in a manner designed to insure confidentiality and proper identification.
- Only the athlete, parent/guardian of the athlete, appropriate coach(s), Athletic Director, and Assistant Athletic Director will be notified of positive results.
- The parent/guardian will be notified of any sample that is positive or that has a presence of an abused substance.
- All test results shall be destroyed when the student is no longer in school.
- Conditioning assigned to athletes violating this policy will be the same as conditioning assigned to other athletes within the athletic department to assist in maintaining confidentiality.

V. SANCTIONS FOR POSITIVE TESTING:

- 1st Offense- The athlete will be suspended from all athletic competitions for a period of 20 continuous days and will run 5 miles a day for 20 days.
- 2nd Offense- The athlete will be suspended from participation in all athletic competitions for one full calendar year and assigned to a conditioning program established by the athletic department.
- 3rd Offense- The athlete will be dismissed from the athletic program forever.
- Athletes caught drinking or smoking, including receiving a D.U.I., M.I.P. or M.I.C. will be treated as if they tested positive.
- If an athlete tests positive on one occasion, that athlete **will be** tested at each test for the remainder of their high school career.
- Athletes refusing to submit to the drug test will be treated as if they tested positive.
- All athletes testing positive will be encouraged to seek treatment and given referral information for substance abuse treatment programs available in the area.

Policies for Student Athletes

The basic principal of conduct under which we will operate at Brenham High School is to:

Conduct yourself in such a manner that you bring credit to yourself, your teammates, your family and to Brenham High School. Never engage in any activity that can be construed as inappropriate for a Brenham High School athletic team member.

1. How we present ourselves is extremely important.
 - Always present ourselves in a manner of the highest class.
 - No facial hair.
 - No unusual haircuts that draws attention to an individual.
 - No earring(s) (males only).
 - If cap is worn, it must be a BRENHAM cap.
 - No unusual piercings (nose, eyebrow, etc).
2. Treat your coaches with respect and they will return that same respect to you. Be sure to have eye contact with your coach when being spoken to.
3. School contests come first. If you miss a game in order to play an out of school contest or practice, then you need to choose one to be involved in.
4. Always be on time to practices, games and for travel arrangements.
5. Adhere to the Brenham High School Code of Conduct
6. If you must miss athletics, talk to your coach prior to missing the workout to discuss the make up that will be required.
7. Unsportsmanlike conduct will not be tolerated. The decision will be made by each individual coach as to the punishment.
8. Stealing from your teammates, or from other schools, is unacceptable and is punishable by suspension from the team.
9. Athletes who quit a team mid-season will not be allowed to join another sport until the sport they quit finishes the season, without approval from both coaches involved.
10. Athletes are required to maintain a passing GPA to be eligible for competition. Teachers submit weekly grade reports to the academic coach who will notify the appropriate coach if an athlete is having difficulty in class.

Disciplinary Action:

- Serious infraction to these policies could result in dismissal from your current team, or from all other Brenham High School athletic teams.
- I have read, understand, and agree to submit to and abide by the substance abuse testing program of Brenham High School as described above.
- I have read, understand, and will abide by the policies of Brenham High School as described above.

Revised: May 2009

Student Signature**Parent Signature****Date**